

How effective is PE in your school?

Use these questions, compiled from a deep dive experience, to focus your preparation.

1 | Can you describe PE provision in your school?

Have a vision document ready to share with the inspector. Alternatively, brainstorm all the things PE offers in your school and have this to hand. Share your long-term plan. Plans for PE and Sport Premium should be on your school website so the inspectors may have already looked at this prior to your visit.

2 | What is the progression of skills like?

Talk about how your long-term plan was designed. Share examples of medium-term planning and assessment documents to help explain your intent. Discuss how specific skills are built upon over the Key Stages and year groups.

3 | How do you know children have made progress?

Discuss your methods for assessment. You need to have good knowledge of the skills and capabilities of both staff and children within your school in order to be confident when talking about progression.

4 | What support do you give to staff members?

Share the CPD opportunities available to your staff and how you decide what training is required. Talk about the impact that staff training has had.

5 | What makes your PE curriculum different?

Explain how your curriculum came about. Was it designed for or by children? If you have units that your children specifically chose, talk about how these were implemented. Tell the inspector about events or activities over the school year that help inform your curriculum.

6 | What is physical activity like over the school day?

Share any active learning in the curriculum that goes on in your school. Talk about initiatives you have taken part in as a school to promote health and physical activity, such as Bikeability.

7 | How does PE support other subjects?

Think about the opportunities for active learning and how it supports learning in core subjects. Talk about any collaboration across subjects. For example, I worked closely with our science and PSHE leads when developing a fitness unit for PE and am now working with our geography lead to improve our teaching of orienteering.



Deep Dive Top Tips

- “What is PE all about?” Be able to explain your intent, values and vision.
- Know the National Curriculum inside out and how it links to your curriculum.
- Know the school's intent and link your subject intent to it.
- Be clear on your strengths and areas for improvement.
- Make sure your governors know what you are doing.
- Inspectors will speak to children. Ask your students lots more questions in lessons. Get your students to demonstrate their learning.
- Make sure you have considered how your Curriculum meets the needs of disadvantaged and SEND learners.
- Don't try to put on a show, it is supposed to be a true reflection of what you are actually doing, and the inspector will find out when asking the students.
- Do ask the students questions as well, doing so leads to some examples of really positive evidence being highlighted. This way you are able to have some control over the deep dive.

